

**BOOKS** 

**DOCUMENTARIES / MOVIES** 

**WEB SERIES** 

**PODCASTS** 

**PLAYLISTS** 

CHILDREN'S BOOKS



There have been a lot of resources lists floating around the internet that provide resources about how to learn and talk about racism and current racial tensions in America. This list certainly includes some of those titles, including personal favorites of mine like "So You Want To Talk About Race" by Ijeoma Oluo and "How To Be An Antiracist" by Ibram X. Kendi. But an important part of learning about racism is realizing that no resource list can do the work for you. Learning and excommunicating your internalized racism is a lifelong process that requires intense self-study and determination. I want to be clear: this list is for allies looking to be and do better.

As Lauren Michele Jackson wrote for Vulture, "The word [anti-racism] and its nominal equivalent, "anti-racist," suggests something of a vanity project, where the goal is no longer to learn more about race, power, and capital, but to spring closer to the enlightened order of the antiracist." With that in mind, we've compiled a resource list about systemic racism, acknowledging that they are just books, films, documentaries, music, podcasts, etc. You'll find research on how racism permeates everything from the criminal justice system to health care. We hope you spend some time with these resources. Information is power — you decide what you do with it.

This letter from Donna W. Martin captures all the reasons why we need to be having conversations and doing the deep internal work of anti-racism.



## DEPARTMENT OF THE ARMY

U.S. ARMY MANEUVER SUPPORT CENTER OF EXCELLENCE 14000 MSCOE LOOP, SUITE 316 FORT LEONARD WOOD, MISSOURI 65473-8300

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Team of Teams.

As one of the *few* Black leaders to command the Maneuver Support Center of Excellence; the *first* woman to do so; and the *only* Black woman to hold the position of Commandant of the United States Military Police School, I want you to hear *my* voice.

One does not eagerly assume the duty to speak up against their organization's deficiencies, but I must acknowledge our military's shortcomings. There are brief, commonplace, daily instances of racism that come with being one of the *few*, the *first*, or the *only*. I know what it's like to be ignored, over-looked, or for people to make assumptions about who I am. I have experienced those microaggressions, many times.

I am speaking up now to cast off the thought process of *generations* that spoke of these issues in hushed tones behind closed doors. This change *cannot* happen behind the scenes.

Every service member has a story. I encourage you to share yours.

Last month, George Floyd's tragic death made him the figure whose fate – and its implications – generated an outcry across our nation. His death on Memorial Day highlighted the stark contradiction between the solemn pride of the day's remembrances of the fallen and the racism which has assailed the American dream since 1619.

The news quickly led to a swelling movement that forced a long overdue reckoning in our society. Many people feel hurt, angry, and confused about how we proceed. We must acknowledge, confront, and destroy racism and discrimination. These evils have no place in our values-based organization and cannot be given refuge in our hearts and minds.

By speaking up, we empower others to create change without fear of reprisal or exclusion. We *must* recognize every teammates' inherent value as a person and that *everyone* is worthy of an equal opportunity to succeed. Across the military, we are holding small group forums to help us have difficult conversations at *every* level. These conversations are necessary to move forward. Conversations designed to place blame or make people feel bad are not helpful. This is not as much about the past as it *must* be about the *future*.

We, in the minority, *cannot* solve racial inequality. We, as Americans, *can* forge change. This change will bear witness to our forefathers' vision that *all* people are created equal. Achieving equality requires a *sustained* Team of Teams effort, and the responsibility belongs to *each* of us. We need you. Together, we *can* do it. Together, we *must* do it.

The proudest member of the Team of Teams,

DONNA W. MARTIN Major General, USA Commanding



- · White Fragility by Robin DiAngelo
- · How to be an Anti-Racist by Ibram X. Kendi
- · White Rage by Carol Anderson
- Me and White Supremacy by Layla F. Saad
- Stamped from the Beginning Ibram X. Kendi
- We are Not Yet Equal: Understanding Our Racial Divide by Carol Anderson and Tonya Bolden
- Why Are All the Black Kids Sitting Together in the Cafeteria: And Other Conversations About Race by Beverly Daniel Tatum
- · The Bridge Called My Back Writings By Radical Feminists of Color
- So You Want to Talk About Race by Ijeoma Oluo
- Parable of the Sower by Octavia E. Butler (fiction)
- The New Jim Crow: Mass Incarceration in the Age of Colorblindness by Michelle Alexander
- Body and Soul: The Black Panther Party and the Fight against Medical Discrimination by Alondra Nelson
- Medical Bondage: Race, Gender, and the Origins of American Gynecology by Deirdre Cooper Owens
- Blackballed: The Black Vote and U.S. Democracy by Darryl Pinckney
- Dog Whistle Politics: How Coded Racial Appeals Have Reinvented Racism and Wrecked the Middle Class by Ian Haney López
- The End of Policing by Alex S. Vitale



- Automating Inequality: How High-Tech Tools Profile, Police and Punish the Poor by Virginia Eubanks
- From the War on Poverty to the War on Crime: The Making of Mass Incarceration in America by Elizabeth Hinton
- A Terrible Thing To Waste: Environmental Racism And Its Assault On The American
  The Mind by Harriet A. Washington
- Race for Profit: How Banks and the Real Estate Industry Undermined Black
  Homeownership by Keeanga-Yamahtta Taylor
- The Color of Law: A Forgotten History of How Our Government Segregated
  America by Richard Rothstein
- · Waking Up White by Debbie Irving
- My Grandmother's Hands by Resmaa Menekam
- Raising Our Hands by Jenna Arnold
- Sister Outsider by Audre Lorde
- Anything James Baldwin
- Anything Toni Morrison
- Their Eyes Were Watching God by Zora Neal Hearston (and any of her writing)
- I Know Why the Caged Bird Sings by Maya Angelou (and any of her writing)
- The Nickel Boys by Colson Whitehead
- The Underground Railroad by Colson Whitehead
- The 12 Tribes of Harriet by Ayana Mathis
- Queenie by Candace Carty-Williams
- Such a Fun Age by Kiley Reid



- The Hate You Give (Amazon Prime)
- The Uncomfortable Truth (Amazon Prime)
- 13th (Netflix)
- When the See Us (Netflix)
- American Son (Netflix)
- The Help (Netflix)
- Dear White People (Netflix)
- I Am Not Your Negro (Amazon Prime)
- Who's Streets? (Hulu)
- LA92 (Netflix)
- Teach Us All (Netflix)
- Black America Since MLK: And Still I Rise (PBS)
- · Self Made: Inspired by the life of Madame CJ Walker series (Netflix)
- Uncorked (Netflix)
- The Banker (Amazon)
- The Oprah Conversation (AppleTV)



- Life Transformations, Conversations with Kelly Meerbott
- Uncomfortable Conversations with a Black Man Emmanuel Acho
- What Matters
- The Red Table



- The Opt-In with Aurora + Kelly
- Unlocking Us with Brene Brown Dr. Ibram X. Kendi, Austin Channing Brown and Tarana Burke episodes.
- · Floodlines from The Atlantic
- 1619 from The New York Times
- Intersectionality Matters! With Kimberle Crenshaw from The African American Policy Forum
- Throughline from NPR
- Code Switch from NPR
- Scene on Radio series "Seeing White" (14-parts)
- Pod Save the People with Deray
- Black & podcast
- Interchangeable White Ladies Podcast
- Spotify: Black Lives Matter



- · Strictly No Elephants by Lisa Mantchev
- The Color of Us by Karen Katz
- · Little Blue & Little Yellow by Leo Lionni
- Little Legends: Exceptional Men in Black History by Vashti Harrison
- Little Leaders: Bold Women in Black History by Vashti Harrison
- · All Are Welcome by Alexandra Penfold
- Rebel Girls by Francesca Cavallo, Elena Favilli
- One Green Apple by Eve Bunting
- Sulwe by Lupita Nyong'o
- This Book is Antiracist by Tiffany Jewell
- Stamped from the Beginning (YA version) by Jason Reynolds
- The Water Protectors by Carole Lindstrom